

Institute for Sport Sciences UD
TIMETABLE 2020/2021 I. semester

	Monday	Tuesday	Wednesday	Thursday	Friday
8.00	Body building-Unifit L.L Volleyball FNB Aerobik training PG	Table tennis L.L	Floorball FNB	Table tennis L.L Stretching B.E	Table tennis T.ZS Basketball FNB
10.00	Table tennis LL TRX T.ZS	Soccer L.L		TRX T.ZS Soccer L.L	
12.00	Running club P.G				Soccer LL
14.00	Table tennis CMK Spinal training BE	Volleyball K.Zs Swimming V.K	Volleyball K.Zs	Swimming V.K Volleyball KZS	
15.30			Table tennis FNB		
17.00					
18.00	Aerobic workout CS.É				
20.00					
	J.K - Jóna Katalin	P.G - Perényi Gabriella	B.E - Bíró Eszter	FNB - F. Nagy Bence	K.Zs - Kuskó Zsolt
	L.L - Lente Lajos	T.Zs - Török Zsolt	V.K - Varga Katalin	CS.É - Csepregi Éva	N.Á - Nagy Ágoston
					Gy.V - Györvári Viktor