

Arms and Legs – or Anything Else? Webinar Invitation

Date: 6 October 2021

Program:

09.00 – 10.00 **Mental Training in Sport. Virtus Bologna** – Fabio Fossati Questions (15 min.)

10.15 – 11.00 What do Psychologists "Do on the Court"?

Anett Lábadi & Bonnie Bakuretz (sport psychologists,
Ratgeber Basketball Academy). Questions (15 min.)

11.30 – 12.30 **The Culture of Questions.Virtus Bologna** – Fabio Fossati Questions (15 min.)



To join: https://ratgeberakademia.tv/elo



Fabio Fossati

- ✓ Meritorious Coach of Excellence
- ✓ Coach Mentor of Virtus Bologna
- ✓ FIBA Europe Instructor
- ✓ Well-Deserved Basketball Coach FIP (Federaziona Italiana Pallacanestro)
- ✓ Mental Trainer, Power Sport Mental Coach
- ✓ Mental Training Italy, Teacher Basketball State University of Brescia
- Coach Mentor, Ratgeber Academy